

High Altitude Training Center

St. Moritz



REGULATIONS

Athletes, to be entitled to a yellow **ELITE – ATHLET - CARD**, must be either:

- Members of their national team, and have been registered by name and in writing by their respective Federation (confirmation on official federation letterhead is required).
- Holders of a Swiss Olympic Card (G/S/B/T/F)
- In preparation for a major event (European Championship, World Championship, OS) with confirmation by their Association.

The Elite Card entitles the free use of the gym at the Eisarena Ludains (Ludains Ice Skating Rink), and **only in summer** of the track & field grounds in St. Moritz Bad as well as the funiculars of Engadin St. Moritz Mountain AG*. (*except Lagalp and Alp Languard)

The Elite Identification Cards is not transferable! To use the funiculars, **additionally a personal ID must be presented** (passport, ID card, licence).

The elite card does not entitle its holder to free admission to the indoor swimming pool in St. Moritz. For this, separate tickets (for athletes and coaches only) are required that can only be obtained from St. Moritz Sport. For each registered athlete we provide **1 entry ticket per week**.

For **injured athletes** more tickets can be obtained with a **doctor's certificate**.

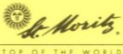
The **REGIONAL ID CARD FOR PARTICIPANTS** entitles its holder to free use of the facilities at the High Altitude Training Center St. Moritz, but not the funiculars nor the indoor pool.

Engadin St. Moritz Mountain AG funiculars can be used **at the children's ticket price** upon presentation of the participant's card and personal ID.

Registration for High Altitude training can be preferably made by **internet**:

www.stmoritz.ch/st-moritz/swiss-olympic-training-base/registration-form-training-base

Yellow = Elite – Athlete -Card

HÖHENTRAININGS- UND WETTKAMPF- ZENTRUM HTWZ	AUSWEIS ELITE - ATHLET
	Name <u>Muster</u>
	Vorname <u>Felix</u>
	Nation <u>SUI</u>
26.07. - 07.08.06	Verband <u>SLV</u>

green = regional ID card for participant

HÖHENTRAININGS- UND WETTKAMPFZENTRUM HTWZ ST. MORITZ/ENGADIN	
Teilnehmer-Ausweis	
Name	
Vorname	
Verband/Verein	
Datum	
Kur- und Verkehrsverein, St. Moritz Sport, St. Moritz	

Gemeinde St. Moritz, St. Moritz Tourismus Sports und Events, Via Maistra 12, CH-7500 St. Moritz, T +41 81 837 33 88, F +41 81 837 33 89
www.stmoritz.ch, sports@stmoritz.ch



swiss olympic TRAINING BASE



LONGINES



High Altitude Training Center

St. Moritz



WEIGHTS TRAINING ROOM / GYM LUDAINS

The weights training room can be used without charge by organized and accompanied training groups and by national and international elite athletes.

Users of the weight training room are responsible for the return of all equipment following use in an **orderly and in perfect condition**.

(Any defects to equipment are to be reported immediately to St. Moritz Sport)

The following priorities apply:

- Swiss elite athletes with elite and National team cards
- foreign elite athletes
- national/international/regional sports groups
- local clubs, etc.

Reservations should must be done directly and personally with St. Moritz Sport (081 837 33 88) or in advance prior to arrival by email to sports@stmoritz.ch

Users must be able to identify themselves at all times when so requested (personal ID).

Without a reservation, access to the gym is denied!

TRACK AND FIELD GROUNDS

Users of the TRACK AND FIELD GROUNDS are asked to register in person at St. Moritz Sport, Commune of St. Moritz, Via Maistra 12, 7500 St. Moritz.

Athletes without a registration will be charged a daily fee of CHF 20.00.

Athletes are responsible for **stowing away all equipment** such as rakes, balls and hurdles, etc. properly and in perfect condition after use (any damage is to be reported directly to St. Moritz Sport).

When the running track is in use, ball games are forbidden within the arena.

The soccer field in Celerina and training field by the St. Moritz camping grounds/Pro San Gian sports field are available for soccer and other team sports.

